

SPORTS ACADEMY



Learning Opportunities

Sports Academy members will have the opportunity to undertake a range of learning experiences. The activities include:

- Individualised training program development
- Group projects
- School-based health and fitness program implementation.
- Nutrition knowledge and cooking applications.

Topics of exploration include sports psychology, nutrition, training program management, injury management, biomechanics and career management.

Application Criteria

There are two separate entry pathways for acceptance into the Sports Academy.

Standard Entry

- A or B for effort and behaviour across all subjects
- A in relevant subject in Year 6-9
- B in relevant subject in Senior 10-11
- + informal interview
- + Regional or higher representation

Alternative Entry/Special Consideration Pathway

- Interview and evidence
- Supporting documents
- Most recent school report card
- A letter of recommendation from a club or coach
- Evidence of sporting level of achievement

Interview Requirement

Students across all year levels are required to attend an interview.